

# Welcome to D.J.M. Swim School

D.J.M. Swim School provides water based exercise for people with additional needs. Whether due to a mental or physical disability, injury or age related restriction we offer a program that suits anyone's needs.

Operating since 2010 we have one to one or small group exercise sessions with experienced staff in a friendly relaxed atmosphere. Our staff are passionate caring professionals who enjoy working in a team environment and insist on providing the best possible service and cater to the individuals requirements.

Our aim is to help build better social and health outcomes through aquatic activities for our clients and encourage participation for all ages and abilities.